Association of Angiotensin-Converting Enzyme I/D and eNOS G894T Gene Polymorphisms with Erectile Dysfunction

Angiotensin-Converting Enzim I/D ve ENOS G894T Gen Polimorfizmlerinin Erektil Disfonksiyon ile İlişkisi

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ABSTRACT Objective: Recent studies suggest that angiotensin II and nitric oxide (NO) may modulate penile smooth muscle tone and contractility. Because genotypes of the angiotensin converting enzyme (ACE) and endothelial nitric oxide synthase (eNOS) polymorphisms have been associated with disorders in the vascular system, in this study, we investigated an association between the ACE I/D and eNOS G894T gene polymorphisms and erectile dysfunction (ED). **Material and Methods:** A total of 44 patients and 45 control subjects were included in the study. Diagnosis of erectile dysfunction (< 26) was provided by International Index of Erectile Function (IIEF). The ACE I/D ve eNOS G894T gene polymorphisms were genotyped using PCR and RFLP. **Results:** No significant case-control difference was observed for the ACE I/D and eNOS G894T gene polymorphisms either by genotype or allele frequencies [(ACE I/D-X²= 0.930 p= 0.628) and eNOS 894 G/T-X²= 2.114 p = 0.348)]. In addition, there was no significant difference between ACE I/D (X²= 3.174 p= 0.787) and eNOS G894T (X²= 4.320 p= 0.633) and IIEF scores among the patient group. **Conclusion:** In this study, no association was found between ACE I/D and eNOS G894T gene polymorphisms and erectile dysfunction in the Turkish population studied.

Key Words: Erectile dysfunction; polymorphism, angiotensin-converting enzyme

ÖZET Amaç: Yapılan çalışmalarda nitrik oksit (NO) ve anjiyotensin II'nin penil düz kasların tonüs ve kontraktilitesini etkileyebildiği ileri sürülmektedir. Anjiyotensin dönüştürücü enzim (ACE-ADE) ve endoteliyal nitrik oksit sentaz (eNOS) gen polimorfizmleri damar hastalıkları ile ilişkili olduklarından, bu çalışmada, erektil disfonksiyon ile eNOS 894 G/T (Glu298Asp) ve ACE I/D gen polimorfizmleri arasındaki ilişkinin incelemesi amaçlanmıştır. Gereç ve Yöntemler: Çalışmaya erektil disfonksiyonu (ED) olan 44 hasta ile 45 sağlıklı kontrol grubu alındı. ED tanısı (< 26), Uluslararası Erektil Fonksiyon İndeksine (IIEF) göre değerlendirildi. Hasta ve kontrol grubunda ACE I/D ve eNOS 894 G/T gen polimorfizmleri, polimeraz zincir reaksiyonu ve kısıtlayıcı enzim kesimi yöntemleri ile saptandı. Bulgular: ACE I/D ve eNOS 894 G/T gen polimorfizmlerinde hasta ve kontrol gruplarında genotip ve alel frekansı açısından anlamlı bir fark gözlenmedi [(ACE I/D-X²= 0.930 p= 0.628) ve eNOS 894 G/T-X²= 2.114 p= 0.348)]. Hasta grubu içerisinde de, IIEF skorları ve ACE I/D (X²= 3.174 p= 0.787) ve eNOS 894 G/T (X²= 4.320 p= 0.633) polimorfizmleri açısından anlamlı bir fark bulunmadı. Sonuç: Bu çalışmada, çalışılan Türk popülasyonunda ACE I/D ve eNOS 894 G/T gen polimorfizmleri ile ED arasında herhangi bir ilişki olmadığı saptanmıştır.

Anahtar Kelimeler: Sertleşme bozukluğu; çok biçimlilik, angiotensin-converting enzim

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rectile dysfunction (ED) is defined as the inability to achieve and maintain an erection sufficient to permit satisfactory sexual intercourse,¹ and is a frequent chronic disorder increasing with age. In a community-based random sample observational study,² the total prevalen-

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ce of minimal to severe ED was found as 52%, and the age-adjusted overall prevalence of ED in Turkey was found as 69.2%.³

Normal erectile function is a hemodynamic process, it requires successful integration of many different body systems, including vascular, musculoskeletal, and neurologic systems. The attainment and maintenance of a firm erection requires good arterial inflow of blood as well as efficient trapping of venous outflow and coordination of corporal smooth muscles. 4.5 Angiotensin converting enzyme (ACE) and nitric oxide (NO) are known to play a role in the regulation of penile vasomotor tone.^{6,7} NO is derived from L-arginine and molecular oxygen, a reaction that is catalyzed by NO synthase (NOS). Three major NOS isoforms are recognized: Ca+2-dependent constitutive neuronal (nNOS) and endothelial (eNOS) forms, and a Ca+2-independent inducible (iNOS) form.8 NO is an important vasoactive molecule and a neurotransmitter essential for relaxation of smooth muscle cells of the corpus cavernosum, and it has important implications for atherogenesis.9 The neuronal nitric oxide synthase (nNOS) produces NO in cavernous nerves after parasympathetic activation. 10 Azadzoi et al. 11 suggested that iNOS dominated the erectile tissue under ischemic/hypoxic conditions, and increased iNOS levels in vascular tissues might downregulate eNOS and thus inhibit NO production and smooth muscle relaxation. Seftel et al.12 found that increased iNOS level in diabetic erectile tissue was associated with marked downregulation of eNOS. Another study showed that aging is accompanied. 13 It is speculated that iNOS played a role in the pathophysiology of ED.

ACE promotes synthesis of angiotensin II and degrades bradykinin; therefore, its upregulation may decrease NO activity by reducing bradykinin-mediated release of NO and enhancing angiotensin II-mediated superoxide anion generation. In such a way, increased ACE activity may contribute to impairment in erectile function.¹⁴

Erectile dysfunction and cardiovascular disease share the same risk factors such as hypertension, diabetes mellitus, hypercholesterolemia and smoking.^{15,16} Arterial insufficiency secondary to atherosclerosis, smoking, and trauma have been shown as an important causes of ED.¹⁷ The close relationship between pathogenetic mechanisms in ED and cardiovascular disorders makes an investigation for common genetic factors influencing both disorders feasible.

The gene that encodes eNOS is located on chromosome 7q35 - 36 and consists of 26 exons with a total size of 21 kilobases. 18 The eNOS gene is expressionally and functionally regulated through multiple regulatory steps. 19,20 Several polymorphisms of this gene have been identified. Among them, the variable number of tandem repeat polymorphism located in intron 4 of eNOS (eNOS4b/a polymorphism) was reported to be significantly associated with development of cardiovascular diseases, and as a smoking-dependent risk for coronary artery disease²¹ and A T-786C variant in the promoter region of the eNOS gene that reduces transcription of the gene is associated with coronary spastic angina and myocardial infarction,22 and Glu298Asp polymorphism (G894T) in exon 7 was reported to be associated with essential hypertension,²³ acute myocardial infarction (MI)^{24,25} coronary artery spasm²⁷ and coronary artery disaese.²⁷ The Glu - 298Asp mutation results in an amino acid change. This polymorphism is of particular interest because this conservative amino acid substitution within the oxygenase domain of eNOS may influence eNOS function. In addition, Veldman et. al.,²⁸ reported that the Glu298Asp polymorphism was associated with reduced basal NO production, therefore it seems to be functionally relevant.

The human *ACE* gene is found on chromosome 17 and a polymorphism consisting of the presence (Insertion, I allele) or the absence (Deletion, D allele) of a 287 - base pair (bp) fragment, has been identified.²⁹ There are three genotypes in this polymorphism: *DD* and *II* homozygotes, and *ID* heterozygote. The II genotype is associated with lower tissue and plasma levels of ACE, whereas the DD genotype is associated with higher ACE levels.³⁰ The D-allele of this polymorphism has been associated with myocardial infarction and left ventricular dysfunction.^{31,32}

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Since genotypes of the ACE and eNOS polymorphisms have been associated with disorders in the vascular system in which blood flow regulation is comparable to that in the corpora cavernosa, we investigated the possible correlations among ACE I/D and eNOS G894T gene polymorphisms and ED in a Turkish population.

MATERIAL AND METHODS

ACE I/D ve eNOS G894T gene polymorphisms were analyzed in 44 unrelated Turkish patients with a diagnosis of erectile dysfunction who were admitted to the Department of Urology in Celal Bayar University Hospital, Manisa. Forty five healthy controls were randomly recruited from the same areas with the other cases. Men in the organic erectile dysfunction group were aged between 24-75 years (mean 56 ± 12 years), and between 29-73 years (mean 53 ± 7 years) in the control group. All of them had an active sexual life with a regular partner for \geq 6 months before the beginning of the study. Patients were evaluated by general medical and family history, sexual history, physical and laboratory examinations. To evaluate the primary organic erectile dysfunction, the patients with diseases such as diabetes mellitus, hypertension, hyperlipidemia, cancer, myocardial infarction, anatomical penile abnormality after spinal cord injury and radical prostatectomy and any medical psychiatric or substance abuse disorders were excluded. All of these men completed the five-item version of the International Index of Erectile Function (IIEF-5) to confirm the diagnosis of ED and evaluate the severity according to the total II-EF-5 score. Those with a score lower than 26 were considered to have ED. The scores 22-25 were classified as mild, 11-21 as moderate, and 1-10 as severe ED. The study was approved by the Ethics Committee of the Celal Bayar University Hospital, and all subjects gave their written informed consent.

MOLECULAR ANALYSIS

Genomic DNA was extracted from 200 µl of ED-TA-anticoagulated peripheral blood leucocytes using the QUIAmp Blood Kit (QIAGEN, Ontaria

Canada). eNOS genotyping for the Glu298Asp mutation was performed as described by Hingorani et al.27 The primers used were 5'-CATGAGGC-TCAGCCCCAGAAC-3' (forward) and 5'-AGT-CAATCCCTTTGGTGCTCAC-3' (reverse).27 DNA was amplified for 30 cycles, each cycle comprising denaturation at 95 °C for 1 minute, annealing at 60 °C for 1 minute, extention at 70 °C for 1 minute with final extention time of 5 minutes at 70°C. The initial denaturation stage was carried out at 95°C for 5 minutes. PCR products were digested with the restriction enzyme (MboI) at 37 °C for 16 hours. In the presence of T at nucleotide 894 which corresponded to Asp 298, the 206 base pair (bp) PCR product was cleaved into two fragments of 119 and 87 bp. The PCR products were separated on 2.5% agarose gel and identified by ethidiumbromide staining.

The ACE I/D polymorphism was carried out by polymerase chain reaction (PCR) in a final volume of 15 µl containing 200 µM dNTP mix, 1.5 mM MgCl₂, 1x Buffer, 1 unit of AmpliTaq polymerase (PE Applied Biosystems) and 10 pmol of each primer. The primers used to encompass the polymorphic region of the ACE were 5'-CTGGAGAC-CACTCCCATCCTTTCT-3' and 5' -ATGTGGCCAT CACATTCGTCAGAT-3'.29 DNA was amplified for 35 cycles, each cycle comprising denaturation at 94°C for 30 sec, annealing at 50°C for 30 sec, extention at 72°C for 1 min with final extention time of 7 min. The initial denaturation stage was carried out at 95°C for 5 min. The PCR products were separated on 2.5% agarose gel and identified by ethidium-bromide staining. Each DD genotype was confirmed through a second PCR with primers specific for the insertion sequence.³³

Statistical analysis

Variables are presented as means \pm standart deviation (SD). P-value of 0.05 or less was considered as statisticaly significant. The frequency of alleles and genotypes in the patient subgroups and normal controls were compared using X^2 test. Statistical analysis was carried out with SPSS for Windows version 11.0 statistical software (SPSS Inc., Chicago, IL, USA).

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TABLE 1: ACE- I/D and eNOS 894 G/T genotypes distribution according to the presence of ED.

	Patients (n=44)	Controls (n=45)	
ACE- I/D genotypes			X ² =0.930
			p=0.628
- II	7 (15.9%)	10 (22.2%)	
ID	24 (54.5%)	25 (55.5%)	
DD	13 (29.6%)	10 (22.3%)	
Allele frequencies I/D	0.432/0.568	0.500/0.500	
eNOS- G/T genotypes			X ² =2.114
			p=0.348
GG	23 (52.3%)	30 (66.6%)	
GT	17 (38.6%)	13 (28.9%)	
TT	4 (9.1%)	2 (4.5%)	
Allele frequencies G/T	0.716/0.284	0.811/0.189	

RESULTS

In the study population, in the patients and control groups, mean ages were 56.18 ± 12.14 years, and 53.21 ± 7.8 years, respectively; 43.2% of the patient group were smokers. Distribution of genotype and allele frequencies were similar in erectile dysfunction and control group [ACE I/D (II: 15.9%, ID: 54.5%, DD: 29.6%, in patient group; II: 22.2%, ID: 55.5%, DD: 22.3%, in control group, $X^2 = 0.930 p =$ 0.628) and eNOS G894T (GG: 52.3%, GT: 38.6%, TT: 9.1%, in patient group; GG: 66.6%, GT: 28.9%, TT: 4.5%, in control group, $X^2 = 2.114 p = 0.348$ (Table 1). In the evaluation of IIEF, 47.7% of the patient group had severe ED, 38.6% had moderate ED, and 13.7% had mild ED. The populations were in Hardy Weinberg equilibrium. There was no significant difference between ACE I/D (X²= 3.174 p= 0.787) and eNOS G894T ($X^2 = 4.320 p = 0.633$) and IIEF scores in the patient group (Table 2).

DISCUSSION

In this study, our results failed to show a significant correlation between ED and ACE I/D and eNOS G894T gene polymorphisms in a Turkish population.

To date, there have been few studies on ACE and eNOS gene polymorphisms in ED. ACE may be involved in the pathogenesis of erectile dysfunction because the activation of angiotensin I to an-

giotensin II results in contraction of the penile smooth muscle, and presence and function of angiotensin II, the angiotensin II receptor, and ACE in the corpora cavernosa. 14,34 Park et al. 35 reported that the DD genotype might be seen more frequently in men with a diagnosis of vasculogenic erectile dysfunction in a Korean population. In another study, Mazo et al.³⁶ found that, the prevalence of DD genotype in the ED group was significantly higher than the non-ED group (p< 0.001). Another study investigating the same gene polymorphism and ED was published by Eisenhardt et al.9 This study enrolled 113 patients with ED and 108 controls. The results showed that patients with ED homozygous for the ACE I allele had a better drug response to sildenafil than did D allele carriers. However, Kim et al.³⁷ did not detect any association between the ACE I/D genotype and ED in the same population, compatible with our results. Rosas-Vargas et al.38 also denied an influence of genotypes of the ACE I/D polymorphism on the risk of ED in a Mexican Mestizo population.

Functional and expression studies suggest that NO plays a key role in the regulation of penile vasodilation in addition to be an important factor for atherogenesis. ^{10,39} After the production of endothelial NO by eNOS, NO enhances the production of cGMP by activation of the guanylate cyclase. The cGMP, which induces penile erection has a vasodilating effect on the smooth muscle and the

TABLE 2: ACE- I/D and eNOS 894 G/T genotypes distribution according to the IIEF scores of the patients.

	IIEF scores (n= 44)		
	High	Middle	Mild
ACE- I/D genotypes			
II	4 (9.1%)	3 (6.8%)	-
ID	11 (25.%)	10 (22.7%)	3 (6.8%)
DD	6 (13.7%)	4 (9.1%)	3 (6.8%)
X ² =2.279 p=0.685			
eNOS- G/T genotypes			
GG	10 (22.7%)	8 (18.2%)	3 (6.8%)
GT	9 (20.5%)	7 (15.9%)	1 (2.3%)
тт	4 (9.1%)	2 (4.5%)	-
X ² =1.2761 p=0.780			

IIEF: Index of erectile function

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tissue of corpora cavernosa. 40,41 The data on contribution of the eNOS gene to pathogenesis of ED are conflicting. In a recent study, Lee et al.⁴² suggested that eNOS G894T gene polymorphism might play a role as a genetic susceptibility factor for ED. They found that eNOS 894T allele carriers had significantly greater frequencies of ED (80.0% vs 63.3%; p= 0.04) and lower IIEF-5 scores (13.2 (5.3) vs. 15.7 (6.1); p= 0.01) than G allele carriers. In a study from Germany, Eisenhardt et al.9 indicated that individuals homozygous for the 894T allele of the eNOS G894T polymorphism showed a reduced response to sildenafil compared with individuals homozygous or heterozygous for the 894G allele. In a Mexican Mestizo population, Rosas-Vargas et al.³⁸ reported that the eNOS 894T allele was associated with an increased risk for ED. In addition, they suggested that this association had a practical implication that might be considered in the development of ED therapy protocols based on the stimulation of penile NO synthesis. In 1999, Park et al.³⁵ performed an investigation on the relationship between eNOS4a/b gene polymorphism and ED in a Korean population. However, their results failed to show a significant correlation between ED and eNOS4a/b gene polymorphism (p= 0.813). In our community, Erkan et al.43 did not find any association between ED and eNOS 4a/b gene polymorphism. However, they found that 80% of the patients with severe ED and 54.5% of the diabetic patients with ED had eNOS4a/b genotype, suggesting that diabetic patients with ED tended to have this genotype.

In conclusion, in this study that enrolled 44 patients with ED and 45 controls, no significant difference was observed between ED patients and healthy subjects in the distribution allelic and genotypic frequencies of the ACE I/D and eNOS G894T gene polymorphisms. A small cohort was the limitation of this study. The statistical power increases by increasing the sample size. This means that a large sample has a greater ability than a small sample to detect a clinically important effect if it exists. When the sample size is very small, the test may have an inadequate power to detect a particular effect. It is well known that limitations and complexities exist in "simple" association studies; however, as more data accumulates, a conclusion can be reached. However, more studies with larger subject groups and further molecular studies are needed to clarify the role of the ACE I/D and eNOS G894T gene polymorphism in the development of ED. These might facilitate rational counseling of patients with regard to their individual risk profile and optimal treatment regimens.

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